

MEC Institutions

Focused on Values

What makes the MEC Institutions different is the unwavering focus on timeless Indian values. It is our mission to enable each of our students to discover his/her true potential and make the best of it.

Sensitizing the Child through Activities

Based on the recommendations of a panel of experts, we have evolved a list of activities in which children are encouraged to take active part. The activities include:

- celebrations of popular Indian festivals,
- competitive events based on various talents,
- birthdays of well known personalities across different spheres, and
- globally acknowledged important days

We Invite Parent Participation

Enthusiastic and imaginative parents can make a big difference to the quality of learning during these early years. In order to deliver more meaningful and enjoyable childhood experiences to the children, we welcome committed parents to play an active role - by throwing up ideas and thinking of ways of supporting our initiatives.

#12, 9th "A" Cross, New Town,
Yelahanka, Bangalore 560 064
Tel: **88804 41441**
Email: principal@cbse-mec.in,
enquiry@cbse-mec.in
www.cbse-mec.in, www.mec-edu.in



Affiliated to CBSE, New Delhi. Affiliation No.: 830341



Designed by: www.vidhruma.com

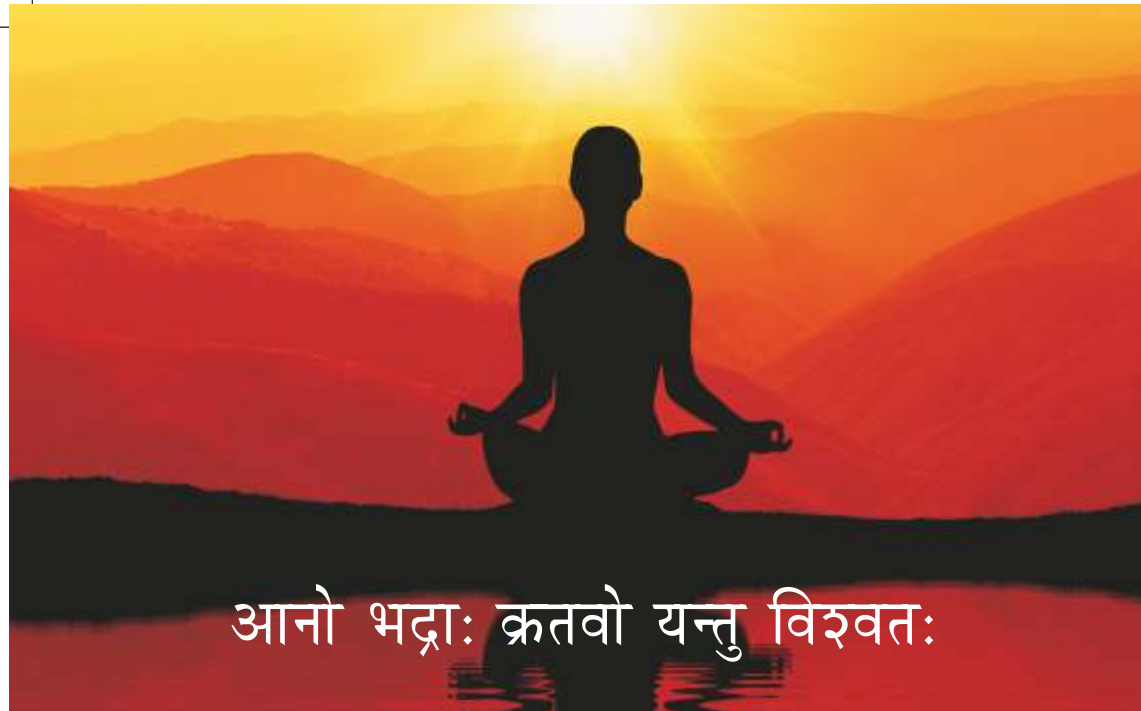
2025-26 PARENTS' HANDBOOK

With
Calendar of Events

Balvatika
(Preschool)



Affiliated to CBSE, New Delhi. Affiliation No.: 830341



***“When educating the minds of our youth,
we must not forget to educate their hearts.”***

Dear Parents,

This Parents' handbook is a schedule that outlines the important dates and events for an academic year, including the start and end dates, tests and exams, holidays and vacations, competitions, events and celebrations.

The purpose of a school calendar is to provide a framework for organizing and managing the academic year, ensuring that students, parents, teachers, and staff are all aware of important dates and events. It helps to ensure that instructional time is maximized and that students have adequate time for learning, studying and preparing for all the events, activities, competitions and tests and exams.

Here is a brief of the activities and events planned for the academic year 2025-26.



*At the end of the day, the most overwhelming
key to a child's success is the positive
involvement of parents.*

- Jane D. Hull

Students are categorised for the all competitions and events as mentioned below:

Group	Class	Names
A	Play Group	Tinkettes
B	Balavatika 1 (NUR)	Rosettes
C	Balavatika 2 (LKG)	Florettes
D	Balavatika 3 (UKG)	Violettes

ACTIVITIES

Date	Day	Activities	Group
MAY			
31-05-2025	Sat	Orientation Programme for new parents about the School, Vision, Mission & School Policies	ABCD
JUNE			
2-6-2025	Mon	School Reopens	ABCD
5-6-2025	Tues	Book Submission. All the books should be wrapped neatly, labelled & submitted to the class teacher. All the books and stationary items will be kept in school.	
5-6-2025	Thurs	World Environment Day - Special Assembly PG - Nature Walk & Planting a sapling PN - Nature Walk & Planting a sapling LKG - Nature Walk & Planting a sapling UKG - Nature Walk & Planting a sapling Send a sapling with your ward. Activity will be held during school hours, in school premises only.	ABCD A B C D
7-6-2025	Sat	Holiday for Bakrid	ABCD
9-6-2025	Mon	World Ocean Day(Blue Day)-Special Assembly. Speak about significance of the day-by UKG LKG children speak about avoid wasting water by, singing rhyme about water animals/blue colour/ water. Children should wear any shades of blue. PG - Fish - Cotton Dabbing PN - Dolphin - Thumb Print LKG - Crab - Hand Print - papercraft UKG - Octopus - papercraft	ABCD A B C D
16-6-2025	Mon	Father's Day -Special Assembly. Speak about your Father. Sing a song about your Father. Greeting card making (All the materials will be provided in the school).	ABCD
21-6-2025	Sat	International Yoga Day and World Music Day- Special Assembly (Performing few yogasanas & visit to music room)	ABCD
JULY			
4-7-2025	Fri	Vanamahotsava Day & Green Day - Special Assembly Significance of the day. Awareness about Environment by Teachers. PG - Tree - Palm print	ABCD A

Group A: Trinkets Group B: Rosettes Group C: Florettes Group D: Violettes

for 2025-26

Date	Day	Activities	Group
		PN - Caterpillar making - Paper craft LKG - Tortoise - Paper craft UKG - Bouncy Frog - Origami Children should wear any shades of Green.	B C D
6-7-2025	Sun	Holiday for Moharram	ABCD
10-7-2025	Thurs	Guru Poornima- Special Assembly - Singing of guru bhajan	ABCD
12-7-2024	Sat	Founder's Day and Sports Inauguration.	ABCD
25-7-2025	Fri	Coloring Competition (Children will be judged on colour combination, neatness and creativity. Materials will be provided in the school). PN - Coloring - Duck LKG - Coloring - Bunny UKG - Coloring - Rainbow	ABC A B C
29-7-2025	Tues	Holiday for Nagara Panchami	ABCD
30-7-2025	Wed	International Tiger Day Special Assembly: Students will speak about the significance of the day and enact a dance about tigers. PG - Tiger - Hand print PN - Tiger- Paper cup LKG - Tiger - Face Mask UKG -Tiger - 3d Craft	ABCD A B C D
31-7-2025	Thurs	Children are requested to wear shades of yellow to add to the theme. PG - Thumb print- Honey comb PN - Brush paint -chick LKG - Fork- Sunflower UKG -Paper collage-Pineapple	A B C D
AUGUST			
4-8-2025	Mon	Friendship Day Celebration -Special assembly. Tying the Friendship band (Children should bring friendship bands from home.) Narrating a story about friendship by teachers.	ABCD
8-8-2025	Fri	Holiday for Varamahalakshmi Vrata	ABCD
14-8-2025	Thurs	Independance Day Activities PG - National Flag - Ear bud painting PN - National Flag - Paper Craft LKG - National flag - Ice cream sticks UKG - National Flag - Greeting card 3D	ABCD A B C D

Group A: Trinkets Group B: Rosettes Group C: Florettes Group D: Violettes

ACTIVITIES

Date	Day	Activities	Group
15-8-2025	Fri	Independence Day Celebration. Children should come in white uniform.	ABCD
16-8-2025	Sat	Holiday for Krishna Janmashtami	ABCD
18-8-2025	Mon	Sri Krishna Janmashtami Celebration- Special Assembly and Fancy Dress Competition. Costumes related to God Sri Krishna - Children should dress with materials available at home. If costumes are hired, child will be disqualified. Children will be judged on costumes, presentation, dialogue or song and action. Those who are not wearing fancy dress, can come in traditional dress.	ABCD
21-8-2025	Thurs	World Senior Citizen Day-Special Assembly. Songs about grandparents by students.	ABCD
22-8-2025	Fri	English Rhyme Recitation Competition (with props) Children should recite rhyme and will be judged on action, expression, pronunciation and presentation. Choose any rhyme from vocabulary enrichment book or any new rhyme taught by parent.	ABCD
23-8-2025	Sat	Parents Teachers meeting - Session I	ABCD
25-8-2025	Mon	Ganesha Festival Activity PG - Ganesha Outline - Sequence sticking PN - Ganesha making - Paper Plate LKG - Ganesha making - Paper Origami UKG - Ganesha making - Paper cup	ABCD A B C D
26-8-2025	Tues	Holiday for Swarna Gowri Vrata	
27-8-2025	Wed	Holiday for Ganesha Chaturthi	
SEPTEMBER			
1-9-2025 to 4-9-2025	Mon to Thurs	National Nutrition Week (Special Assembly) Fruits and Vegetables Day- Speak about importance of Nutritious food. Children should wear costumes of fruits and vegetables. Recite rhymes on Fruits and Vegetables. Life skills (peeling, cutting, grating) of fruits and vegetables. National Nutrition Week-Activity PG - Grapes - Cotton Dabbing, Corn - Bubble Wrap Dabbing. PN - Strawberry - Ear bud Painting, Carrot - paper collage	ABCD A B

Group A: Trinkets

Group B: Rosettes

Group C: Florettes

Group D: Violettes

for 2025-26

Date	Day	Activities	Group
		LKG - Cherry - Paper folding, Bocalli - sponge dabbing UKG - Pineapple - Finger print, capsicum flower vase	C D
5-9-2025	Fri	Teachers Day Greeting card making by children with the help of parents. Speech Competition (Using props) Children will be judged on language, pronunciation and confidence.	ABCD
19-9-2025	Fri	PN - Fruit/Vegetable (any one) LKG - Birds UKG - Transportation	B C D
20-9-2025	Sat	Family Day (National Family Day)	ABCD
22-9-2025 to 2-10-2025		Dasara Vacation	ABCD
OCTOBER			
1-10-2025	Wed	Holiday for Mahanavami/ Ayudha pooja	ABCD
2-10-2025	Thurs	Holiday for Vijayadashami/ Gandhi Jayanti	ABCD
3-10-2025	Fri	School Re-opens	
10-10-2025	Fri	RED Day Celebration-Special Assembly Children should wear any shade of Red dress. Speak about significance of the day, Red colour. PG - Strawberry - Hand print PN - Apple - Paper collage LKG -Ladybug - Potato Painting UKG - Strawberry Paper Craft	ABCD A B C D
11-10-2025	Sat	Walk-in PTM. Parents can walk in and meet teachers to check their wards' progress.	ABCD
15-10-2025	Fri	Clay Modelling Competition School will provide the clay. Children will be judged based on the neatness, creativity and presentation.	ABCD
17-10-2025	Fri	Deepavali Activities - Mud diya should be sent by the parent. Kindly label the diyas of your ward. PG - Diya Decoration PN -Diya Decoration LKG - Diya Decoration UKG - Diya Decoration	ABCD A B C D

Group A: Trinkets

Group B: Rosettes

Group C: Florettes

Group D: Violettes

ACTIVITIES

Date	Day	Activities	Group
20-10-2025	Mon	Holiday for Narakachathurdashi	BCD
21-10-2025	Tues	Holiday for Deepavali	ABCD
22-10-2025	Wed	Holiday for Balipadyami	ABCD
NOVEMBER			
1-11-2025	Sat	Kannada Rajyotsava celebration	ABCD
3-11-2025 & 4-11-2025	Mon & Tues	Sports Meet	ABCD
8-11-2025	Sat	Holiday for Kanakadasa Jayanthi	ABCD
14-11-2025	Fri	Children's Day Celebration	ABCD
15-11-2025	Sat	Fancy Dress Competition (Children should dress with materials available at home. If costumes are hired children. Will be disqualified. Children will be judged based on costume, presentation, creativity, and confidence)	ABCD
		PN and PG - Cleanliness	A & B
		LKG - Occupation - concept of village	C
		UKG - Space and space craft	D
21-11-2025	Fri	Kannada moral story telling competition (using props) Choose any story from mythology/Panchatantra taught by parents. Children should narrate the moral of the story using props. Children will be judged by their action, expression, pronunciation and confidence.	BCD
DECEMBER			
1-12-2025	Sat	Shloka Recitation Competition PN - Bhagavatgita shlokas (chapter 1) 1,2 shlokas LKG -Bhagavatgita shlokas (chapter 1) 1- 5 shlokas UKG- Bhagavatgita shlokas (chapter 1)1-10 shlokas Bhagavatgita shlokas will be taught in school. Competition will be held during school hours.	BCD B C D
12-12-2025	Fri	Hindi Rhyme Recitation Competition (using props) (Children should recite any new rhyme taught by the parent and will be judged by their action, expression, pronunciation & presentation).	BCD
22-12-2025 & 23-12-2025	Mon & Tues	Annual Day	ABCD
24-12-2025 to 1-01-2026	Wed to Thurs	Winter Holidays	ABCD

Group A: Trinkets Group B: Rosettes Group C: Florettes Group D: Violettes

for 2025-26

Date	Day	Activities	Group
JANUARY 2026			
01-01-2026	Thur	Holiday for New Year	ABCD
02-01-2026	Fri	School reopens after winter holidays	ABCD
13-01-2026	Tues	Makara Sankranthi Celebration- special assembly - Children should wear traditional dress, speak about significance of the day. PG - Kite making- with shapes PN - Pot decoration- sequences LKG - kite decoration UKG - freehand drawing pongal	ABCD A B C D
14-01-2026	Wed	Holiday for Makara Sankranthi	ABCD
17-1-2026	Sat	2 nd PTM	ABCD
23-1-2026	Fri	Republic Day Activities PG - Mango - Finger Print PN - Lotus - Ripped paper sticking LKG - Banayan Tree - Leaf Print UKG - Soldier craft - Ice cream stick	ABCD A B C D
26-1-2026	Mon	Republic Day Celebration	ABCD
FEBRUARY			
Dates to be announced		Parent Engagement Programme Graduation Day ABCD	BCD
15-2-2025	Sun	Holiday for Maha Shivarathri	ABCD
MARCH			
4-3-2026	Wed	Holiday for Holi	ABCD
19-3-2026	Thurs	Holiday for Ugadi	ABCD
20-03-2026	Fri	Holiday for Ramzan	ABCD
APRIL			
03-04-2026	Fri	Holiday for Good Friday	ABCD
10-04-2026	Fri	Annual Results	ABCD
11-04-2026	Sat	Summer Vacation	ABCD

Note: All the activities and competitions will be conducted in the school premises during school hours only. Any changes will be notified through the school diary and UOLO app,

Group A: Trinkets Group B: Rosettes Group C: Florettes Group D: Violettes

Holidays

Month	Date	Day	Event
June	07-06-2025	Saturday	BakridJuly
July	06-07-2025	Friday	Muharum
	29-07-2025	Tuesday	Naga Panchami
August	08-08-2025	Friday	Varamahalakshmi Vratha
	16-08-2025	Saturday	Srikrishnajanmashtami
	26-08-2025	Tuesday	Swarna Gowri Vratha
	27-08-2025	Wednesday	Ganesha chaturthi
September	05-09-2025	Friday	Ed-Milad
	21-09-2025	Sunday	Mahalaya Amavasye
October	01-10-2025	Wednesday	Maha Navami/Ayudh Pooja
	02-10-2025	Thursday	Vijaya Dasami
	07-10-2025	Tuesday	Valmiki Jayanti
	20-10-2025	Monday	Naraka Chaturthi
	21-10-2025	Tuesday	Deepavali
	22-10-2025	Wednesday	Balipadyami/ Deepavali
November	08-11-2025	Saturday	Kanakadasa Jayanti
December	24-12-2025	Wednesday	Christmas Eve
	25-12-2025	Thursday	Christmas
January	01-01-2026	Thursday	New Year Day
	14-01-2026	Wednesday	Makarasankranthi
February	15-02-2026	Sunday	Maha Shivaratri
March	04-03-2026	Wednesday	Holi
	19-03-2026	Thursday	Ugadi
	20-03-2026	Friday	Eid-UI-Fitar
April	03-04-2026	Friday	Good Friday

Note: Any other Holiday declared by the Govt. or by the Education Dept. will be notified. Few holidays are subject to the appearance of the moon and Almanac.

Important Days Observed during 2025-26

Month	Date	Day	Activity
June	5-6-2025	Thursday	World Environment Day (Green Day)
	9-6-2025	Monday	World Ocean Day (Blue Day)
	16-6-2025	Monday	Father's Day
	21-6-2025	Saturday	International Yoga & World Music Day
July	4-7-2025	Friday	Vanamahotsava Day
	10-7-2025	Thursday	Gurupoornima
	12-7-2025	Saturday	Founders Day
	30-7-2025	Wednesday	International Tiger Day
August	4-8-2025	Monday	International Friendship Day
	14-8-2025	Thursday	Independence Day Activity
	15-8-2024	Friday	Independence Day Celebration
	18-8-2025	Saturday	Krishna Janmasthami
September	25-08-2025	Monday	Ganesha Festival Activity
	1 to 4-9-2025	Mon to Thur	National Nutrition Week
	8-9-2025	Monday	Fruits & Vegetables Day
	12-9-2025	Friday	Yellow Day
October	20-9-205	Saturday	Family Day
	10.10.2025	Friday	Red Day
	11.10.2025	Saturday	Walk in PTM
November	17.10. 2025	Friday	Deepawali Activity
	3 & 4.11.2025	Mon & Tues	Annual Sports Meet
	14-11-2025	Friday	Children's Day Celebration
December	23-12-2025	Tuesday	Christmas / RED Day Celebration
January	13.01.2026	Tuesday	Makara Sankranthi Celebrations
	23.01.2026	Friday	Republic day Activity
	26.01.2026	Monday	Republic day Celebrations
February	Dates will be informed later		Parent Engagement Programme
			Graduation Day

A Message To The Parent

Parental Co-operation

Please participate to achieve the great task of building a model school and offer your constructive suggestions in the parent-teacher meetings arranged periodically by the school. Parents are requested to attend the meetings without fail, in order to ensure the steady progress of your child.

- Child should avoid carrying sharp instruments to school.
- If the child is left in the school premises beyond 15 minutes after the final bell, the institution can not take the responsibility of the child. Hence be on time to take the child back home.
- Avoid sending your child for home tuition.
- There is no written homework for the child. Hence do not ask the child to write at home.
- The school is not held responsible for any incidence, after the school hours outside the school premises.
- Parents should meet the class teacher only on Saturdays.

Rules and Discipline

Enrollment in MEC Institutions implies willingness to comply with the rules and regulations of the school issued from time to time.

- The child should wear prescribed, clean and well ironed uniform.
- A well-dressed child is a credit to himself / herself and also to parent and school.
- In order to acquire a good command over English language which is the medium of instruction, children should speak only in English in the school premises.
- Every child shall have textbooks and notebooks required for the classes and books will be kept in the school. The child need not carry book daily to school.
- Parents should co-operate with the school authorities for the progress of the child.
- A known person to the school authorities should escort the child daily. In case of unavoidable circumstances, if any unknown person comes to take the child a letter of identity duly signed by the parents is necessary.
- Please make it a policy to meet the class teacher or Head of the Institution whenever requested to do so; do not excuse yourself in this important matter.
- In case you want to meet the Head of the Institution with any of the problems concerning your ward, fix up prior appointment.
- In case of contagious diseases, parents are requested to keep the child at home for the - minimum period required. A Medical Certificate is required for the said period. Parents should observe this rule strictly in the interest of the other children.
- Children should not wear costly jewellery or bring any costly items to the school. School will not be held responsible for any loss.

Facilities Provided

Trained teachers: MEC Institutions believe in having committed teachers who have a passion for spending time with children, apart from the requisite qualification, experience and aptitude.

Smart classroom: The school has a technology enabled presentation tool that brings magical, world class, dreamy presentations to amaze the little children.

Value-based programs: We conduct sadhbhavana programs like chanting of the Bhagvadgita shlokas, bhajans, etc. We celebrate all religious festivals.

Nutrition program: We pay importance to the nutritional aspect of each and every child's growth and development.

Visiting Hours for Parents

Parents may visit the Principal & Teachers for any enquiry during 2.00 to 3.00 p.m. from Monday to Friday & Saturday 9.30 a.m to 12.00 p.m. In case of emergency (for genuine reason) they can approach the Principal at any time between working hours.

Log in to Check out

The Parents can log on to School Website Website: www.mec-edu.in to access the calendar of events, performance, attendance and progress of their wards.

School Telephone No: **88804 41441**

E-mail: enquiry@mec-edu.in

Parents and Teachers Meetings

Parents are requested to attend the meeting to discuss about the academic performance of their wards. PTM months for each class are mentioned below.

Parents should attend the meeting without fail.

P.T. Meeting Schedule with Principal & Management

Parents and Teachers Meeting - I

Play Group	30-8-2025	Saturday
Balavatika 1 (NUR)	30-8-2025	Saturday
Balavatika 2 (LKG)	30-8-2025	Saturday
Balavatika 3 (UKG)	30-8-2025	Saturday

Parents and Teachers Meeting - II

Play Group	31-1-2026	Saturday
Balavatika 1 (NUR)	31-1-2026	Saturday
Balavatika 2 (LKG)	31-1-2026	Saturday
Balavatika 3 (UKG)	31-1-2026	Saturday

Timings will be informed through a circular before a week.

Policy on Managing Aggressive Behaviour from Parents and Visitors

Introduction

A parent (or guardian) is a key stakeholder in the learning process of a child. Parental involvement is an important factor in educational success and in dealing with emerging problems at an early stage. MEC Institutions believe that pupils benefit when the relationship between home and school is a positive one. If a parent is unhappy or dissatisfied with some aspect, the school encourages grievance redressal through dialogue. This way there is scope for improvement and corrective measures to be taken. However, on the rare occasions when a negative attitude towards the institution is expressed by a parent or guardian, this can result in aggression, verbal and or physical abuse towards members of the staff, pupils, or other members of the institution.

All members of MEC Institutions have a right to work and learn in a safe place. Since majority of MEC staff are women, violence, threatening behaviour and abuse against school staff or other members of the school community will not be tolerated. There is no place for violence, threatening behaviour or abuse in an institution. Where such behaviour does occur, management will be forced to initiate action to deal with it.

MEC Institutions explicitly mention the desirable behaviour of parents on campus. However, in the unlikely event of aggressive or abusive parents and visitors who cause nuisance, this document provides guidance for dealing with the same.

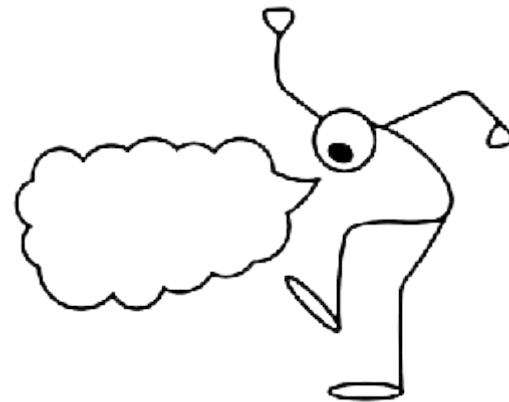
A parent (guardian) of a student of MEC Institutions, normally has implied permission to be on the institution premises at certain times and for certain purposes. We expect parents and other visitors to behave in a reasonable way towards members of school staff. This policy outlines the steps that will be taken where behaviour is unacceptable.

Unacceptable Behaviour

Types of behaviour that are considered serious and unacceptable and will not be tolerated:

- Shouting at members of the school staff, either in person or over the telephone
- Physically intimidating a member of staff
- Use of aggressive gestures
- Threatening behaviour
- Swearing
- Pushing
- Spitting
- Breaching the school's security procedures

This is not an exhaustive list but seeks to provide illustrations of such behaviour.



Measures Taken

If situations go beyond control, suitable action will be taken. This can include:

- Initiate a meeting/dialogue with the individual
- Write to the parent/ visitor, describing their misconduct, explaining its impact on the school and stating its unacceptability
- Warn of the possibility of a “ban” if the misconduct is repeated
- Impose a ban with a review after a fixed period
- Impose a ban without review.

Parental Rights

Every attempt will be made to maintain normal communications with parents (guardians). Even where a parent has been banned from the school premises, they retain their right to an annual consultation in relation to the educational progress of their children.

The interests of the child continue to be paramount.

Uniform for Balvatika 1,2, & 3 Boys and Girls

1 Monday, Wednesday and Friday :

- Light Blue T- shirt with logo and Khaki Track Pant.
- Black Shoes and white Socks with Navy Blue stripes

2 Tuesday and Thursday:

- White T-Shirt with logo and White Track Pant
- White Shoe with White Socks

3 Winter Ware:

- Navy Blue Sweat Shirt with Hoody

Vacations

19-09-2025 to 02-10-2025	Dussehra Vacation	School Re Opens on	03-10-2025
11-4-2026	Summer Vacation	School Re Opens	First week of June